

Tel.No.: 2419700/2419567
Fax: 0821-2419363/2419301

Email: registrar@uni-mysore.ac.in
www.uni-mysore.ac.in



Vishwavidyanilaya Karyasoudha
Crawford Hall, Mysore 570 005

(Re-accredited by NAAC at "A" Grade with a CGPA of 3.47)

(NIRF-2020 Ranked 27 in University Category & 47 in Overall Category)

No.: PMEB/AC10/759/2019-20 110

Date: 04-08-2020.

NOTIFICATION

Sub: Introduction of new courses under Specialized Programmes from the academic year 2019-20- Reg.

- Ref: 1. Decision of the BOS Meeting held on 23-11-2019.
2. Decision of the Faculty of Science & Technology meeting held on 18.02.2020.
3. Decision of the Academic Council meeting held on 18-06-2020.

The Board of Studies in **Ayurveda and Yogic Science(PG)** at its meeting held on **23.11.2019** has recommended to introduce **B.Sc.(Ayurveda Science), Diploma in Ayurveda Panchakarma and yoga Science, PG Diploma in Marmachikitsa Science, Certificate Course in Kalaripayattu and Certificate Course in Ayurveda Panchakarma Science** courses in University of Mysore under specialized/specified programs. The Regulations, Syllabus and Scheme of Examination was approved from the academic year 2019-20.

The Faculty of Science & Technology and the Academic Council at their meetings held on 18-02-2020 and 18-06-2020 respectively, have also approved the above said proposal and the same is hereby notified.

The Regulations, Syllabus and Scheme of Examination of B.Sc.(Ayurveda Science), Diploma in Ayurveda Panchakarma and yoga Science, PG Diploma in Marmachikitsa Science, Certificate Course in Kalaripayattu and Certificate Course in Ayurveda Panchakarma Science courses is uploaded in University website. The contents may be downloaded from the University website www.uni-mysore.ac.in.

Handwritten signature in green ink
REGISTRAR
REGISTRAR
University of Mysore
MYSURU - 570 005

To:

1. Registrar(Evaluation), University of Mysore, Mysuru.
2. The Dean, Faculty of Science & Technology, DOS in Psychology, MGM.
3. Prof. N.K. Lokanath , Chairperson, BOS in Ayurveda and Yogic Science(UG), DoS in Physics, MGM.
4. Dr.Manu Balagopalan, Managing Partner, Ayur Matam Academic Institute of Ayurveda & Yogic Sciences, Rajkamal Estate, Vajamangala Post, Bannur Main Road, Mysuru.
5. The Deputy Registrar/ Asst. Registrar/ Superintendent, Examination Branch, UOM, Mysuru.
6. The Special Officer to Hon'ble Vice-Chancellor, University of Mysore, Mysuru.
7. The PA to Vice-Chancellor/Registrar/Registrar(Evaluation), University of Mysore, Mysuru.
8. Office Copy.

AYUR MATAM - ACADEMIC INSTITUTE OF
AYURVEDA & YOGIC SCIENCES (AM-AIAYS)

*Syllabus of Courses offered at AM-AIAYS for
2219-20 & 2220 -2221 Academic Years*

AYUR MATAM Academic Institute of Ayurveda & Yogic Sciences (AM-AIAYS), Mysore, affiliated to University of Mysore, answers the long felt global demand for trained Ayurveda paramedical professionals.

An extension of **AYUR MATAM's** global vision for Ayurveda, **AM-AIAYS** is an institution established specifically to offer specialized courses with a vocational edge in Ayurveda sciences. **AM-AIAYS** gives an impetus to practise of Ayurveda and the inherent Indian medical heritage worldwide. Within India, AM-AIAYS is on a mission to extend the reach and efficacy of health professionals for daily life and living by Ayushman Bharat to the four corners of the country.

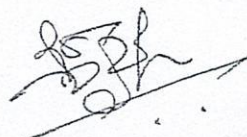
AM-AIAYS moulds talents through bridge-courses in the domain of Ayurveda Nursing, Yoga, Marma Chikitsa, Panchakarma, Kalaripayattu, Medicine Preparation and General Healthcare. These courses at the first of its kind in the world, and for the first ever time, these courses are offered at **AM-AIAYS** as part of a University program. By recognizing **AM-AIAYS** and its academic programs, the 100 year old University of Mysore has accorded recognition to our innovative and original academic programs in the domain of ancient Indian treatment methods and Indian Heritage Arts-Sciences.

A unique dimension of **AM-AIAYS'** academic endeavour is assured placement through our own global placement services.

AM-AIAYS is located on two locations, both on Mysore-Bannur Main Road, one attached to AYUR MATAM Hospital's 4 acres 35 guntas campus near Halagayyana Hundi Bus Stop, and another, a five storey structure at Deve Gowda Circle.

WHY AM - AIAYS...

For the first time in 2209-10, Hon'ble Chief Minister Shri B.S.Yediyurappa, in para 95 of the budget speech had announced that an University will be established for the development of Ayurvedic Medical Sciences. But, the complete complement of Ayurveda potential is still missing even if such an academic landscape is realized.



Recognition of AM-AIAYS by University of Mysore has given an impetus to promotion of Ayurveda and Indian heritage worldwide.

Through recognition of AM-AIAYS and our academic programs, University of Mysore has accorded an acknowledgment to innovative original courses with a vocational edge in the domain of Ancient Indian treatment methods, Ayurveda, Nursing, and Indian Heritage Arts -Sciences.

STUDY AT AM-AIAYS & GET RECRUITED GLOBALLY

MARMA CHIKITSA SPECIALIST	KALARIPAYATTU TEACHER	PANCHAKARMA SPECIALIST	YOGA TEACHER	AYURVEDA PHARMACIST	AYURVEDA NURSING
---------------------------------	--------------------------	---------------------------	-----------------	------------------------	---------------------

AM-AIAYS operates a separate placement wing at its premises focusing on global and domestic placements for the students, imparting necessary Ayurveda and soft skills.

AM - AIAYS... Facilities

AM-AIAYS contains all mandate facilities including lecture halls, seminar hall, cafeteria, ground, attached full-fledged Ayurveda Hospital facility, library, treatment areas, pharmacy, laboratories and practical arenas.

Why AYUR MATAM...

AYUR MATAM Ayurveda-Marma Hospital, a visionary institution, is a confluence of centuries old traditional treatment procedures, and commitment and foresight of a team of Ayurvedic doctors to provide quality healthcare services to all sections of society. **AYUR MATAM**, a Modern Hospital of Ancient Medicine & Treatments, provides authentic Ayurveda treatments & **Marma Chikithsa** by highly qualified professionals, and classical and proprietary Ayurvedic medicines. **AYUR MATAM** is a one of its kind centre in the world for holistic health services, offering root cause treatments that rejuvenate the body, mind and spirit.

AYUR MATAM is an ISI 9001:2215 accredited Ayurveda-Marma Hospital in Mysore, registered under the KPMEA providing authentic Ayurveda treatments and Marma Chikitsa since the last few years. **AYUR MATAM** is engaged in the

Rejuvenation therapies

It also lays equal emphasis on the prevention of recurrence of the condition through proper supporting treatments.

Why Mysore...

Mysore has a long royal tradition of Ayurvedic healing, an ancient city, and the cultural capital of Karnataka, home to oldest academic institute in India teaching Ayurvedic medicine. Mysore today is the Yoga Hub of the World. Mysore's climate with mild summers and moderate winters, averaging 28°C in the day and around 18°C in the night, makes the City ideal for Ayurveda healing and as a Centre of learning. Mysore houses more than 100 Ayurveda treatment centres

BUT IMPORTANTLY, IT IS HOME TO AYUR MATAM, THE ONLY HOSPITAL IN THE WORLD FOR AYURVEDA HEALTH SERVICES, COMPLETE WITH MARMA CHIKITSA.

**AYUR MATAM - ACADEMIC INSTITUTE OF
AYURVEDA & YOGIC SCIENCES (AM-AIAYS)**

Syllabus of Courses offered at AM-AIAYS

BACHELOR OF SCIENCE (AYURVEDA SCIENCE)

Regulations and Curriculum

TABLE 1: B. Sc. (Ayurveda Science)

I SEMESTER CURRICULUM & COURSE STRUCTURE

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS/WEEK	Q.SUBJECT CODE	CREDIT
1	SHARIRA RACHANA AND KRIYA		4+2+1	10		7
2	FUNDAMENTALS OF NURSING		1+1+2	7		4
3	SANSKRIT - I		2+0+0	2		2
4	KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI		2+0+0	2		2
5	ENGLISH		2+0+0	2		2
6	ENVIRONMENTAL STUDIES		3+0+2	7		5
	Total		22	29		22

S1 - C1 - 8 Weeks

S1 - C1 - Unit 1 - 4 Weeks

(a) SHARIRA RACHANA AND KRIYA

- Definition of Sharira & Shaarira
- Pramana Sharira
- Asthisharira
- Sandhi Sharira
- Sira Sharira

(b) FUNDAMENTALS OF NURSING

- Introduction to Nursing

(c) SANSKRIT - 1

- Sangna Prakaranam
- Vibhaktyartha

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) ENGLISH

- As per University Syllabus

(f) Environmental studies

- As per University Syllabus

S1 - C1 - Unit 2 - 4 Weeks**(a) SHARIRA RACHANA AND KRIYA**

- Peshi Sharira
- Koshta Sharira
- Embryology
- Doshas

(b) FUNDAMENTALS OF NURSING

- Nursing care of the patient

(c) SANSKRIT - 1

- Sandhi Prakarnam
- Shadlinga Prakarnam

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) Environmental studies

- As per University Syllabus

S1 - C2 - 8 Weeks**S1 - C2 - Unit 1 - 4 Weeks****(a) SHARIRA RACHANA AND KRIYA**

- Osteology
- Arthrology
- Cardiovascular System
- Concept of kriya kala

(b) FUNDAMENTALS OF NURSING

- Physical Needs
- Hygienic Needs

(c) SANSKRIT - 1

- Dhatu Prakaranam

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) ENGLISH

- As per University Syllabus

(f) Environmental studies

- As per University Syllabus

S1 - C2 - Unit 2 - 4 Weeks

(a) SHARIRA RACHANA AND KRIYA

- Twak
- Manas
- Atma
- Nidra
- Lymphatic System
- Respiratory System
- Digestive System
- Koshtha (Agni - Mamsa Dhatu)

(b) FUNDAMENTALS OF NURSING

- Elimination needs
- Assessment of patient

(c) SANSKRIT - 1

- Vachya Prayogah
- Samaasa Prakaranam

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) Environmental Studies

- As per University Syllabus

S1 - C3 - 2 Weeks

(a) SHARIRA RACHANA AND KRIYA

- Meda Dhatu
- Asthi Dhatu
- Majja Dhatu
- Shukra Dhatu

- Reproductive system
- Endocrinology
- Nervous System

(b) FUNDAMENTALS OF NURSING

- Infection Control
- Therapeutic Nursing Care

(c) SANSKRIT - 1

- Pratyayah

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) Environmental Studies

- As per University Syllabus

II SEMESTER CURRICULUM

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS/WEEK	Q.SUBJECT CODE	CREDIT
1	PADARTHA VIJNANA AND AYURVEDA ITHIHASA		5+0+1	7		6
2	CONSTITUTION OF INDIA		3+0+1	5		4
3	SANSKRIT - II		3+0+0	3		3
4	KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI		2+0+0	2		2
5	ENGLISH		1+1+1	5		3
6	BASICS OF COMPUTER		2+2+0	6		4
	Total		22	26		22

S2 - C1 - 8 Weeks

S2 - C1 - Unit 1 - 4 Weeks

(a) PADARTHA VIJNANA & AYURVEDA ITHIHASA

- Ayurveda Darshana Nirupana
- Dravya Vignaniyam
- Ayurveda Nirupana

(b) CONSTITUTION OF INDIA

- As per University Syllabus

(C) SANSKRIT - II

- Anuvadha

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) BASICS OF COMPUTER

- What is Computer
- Computer Parts

S2 - C1 - Unit 2 - 4 Weeks**(a) PADARTHA VIJNANA & AYURVEDA ITHIHASA**

- Guna Vignaniyam
- Karma Vignaniyam
- Introduction to authors of Classical Texts

(b) CONSTITUTION OF INDIA

- As per University Syllabus

(c) SANSKRIT - II

- Laghu Siddhantha

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) BASICS OF COMPUTER

- Windows

S2 - C2 - Unit 1 - 4 Weeks**(a) PADARTHA VIJNANA & AYURVEDA ITHIHASA**

- Samanya Vignaniyam
- Visheshha Vignaniyam
- Samvaya Vignaniyam
- Pariksha
- Introduction to Commenators of classical samhithas
- Introduction to authors of Granda samgrahakala

(b) CONSTITUTION OF INDIA

- To be provided by University

(c) SANSKRIT - II

- Brihat Trayee – Charaka, Sushtra, Ashtanga Hrudaya
- Anuvadha Chandrika
- Ayurveda Sudha

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) BASICS OF COMPUTER

- Internet

S2 – C2 - Unit 2 – 4 Weeks

(a) PADARTHA VIJNANA & AYURVEDA ITHIHASA

- Arthopadesha Pariksha
- Pratyaksha Pariksha
- Introduction to shodala, Govinda das, Basavraja
- Introduction to authors of modern era

(b) CONSTITUTION OF INDIA

- As per University Syllabus

(c) SANSKRIT - II

- Rachananuvada
- Bhasha Sopanam

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

(f) BASICS OF COMPUTER

- Health Management systems
- Data mining

S2 – C3 - Unit 1 – 4 Weeks

(a) PADARTHA VIJNANA & AYURVEDA ITHIHASA

- Anumana Pariksha
- Yukthi Pariksha
- Karya-karana Siddantha
- Globalization of Ayurveda
- Developmental activities in Ayurveda in the post independance period
- Introduction to the activities of various organizations related to ayurveda

(b) CONSTITUTION OF INDIA

- As per University Syllabus

(c) SANSKRIT - II

- Bhashaadhyayanam

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

III SEMESTER CURRICULUM

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS/WEEK	Q.SUBJECT CODE	CREDIT
1	DRAVYA GUNA VIJNANA		2+1+2	8		5
2	RASA SHASTRA		2+1+1	6		4
3	ROGA NIDANA		1+1+2	7		4
4	SWASTHAVRITHA		2+1+2	8		5
5	KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI		2+0+0	2		2
6	ENGLISH		1+1+0	3		2
	Total		22	32		22

S3 - C1 - 8 weeks

S3-C1-Unit 1 - 4weeks

(a)DRAVYA GUNA VIJNANA

- Dravyaguna shastra Paribhasha
- Dravya
- Guna
- Rasa
- Vipaka
- Veerya
- Prabhava

(b) RASA SHASTRA

- Definition ethymology of Rasa

(c) ROGA NIDANA

- Dosha Dushyadi Vigyana
- Vyadhi Vigyana
- Basic pathology

(c) SWASTHAVRITHA

- Introduction
- Dinacharya

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

S3-C1-Unit 2-4weeks

(a) DRAVYA GUNA VIJNANA

- Karma
- MishrakaGana

(b) RASA SHASTRA

- Parada
- Maharasa
- Uparasa

(c) ROGA NIDANA

- Nidana Panchaka Vigyana
- Pariksha Vigyana

(d) SWASTHAVRITHA

- Chakramana
- Ratricharya
- Ritucharya

(d) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(e) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

S3-C2 - Unit 1-4weeks

(a) DRAVYA GUNA VIJNANA

Basic of nomenclature

Prasastha bhesaja

(b) RASA SHASTRA

- Sadarana rasa
- Dhatu

(c) ROGA NIDANA

- Systemic Study Of Nidana Panchaka
- Disease Of Rasa vaha Srotas
- Diseases Of Raktavaha Srotas

(d) SWASTHAVRITHA

- Sadvritta
- Trayopastambha

(e) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(f) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

S3-C2 - Unit 2-4weeks**(a) DRAVYA GUNA VIJNANA**

- Introduction to medicinal plants - I

(b) RASA SHASTRA

- Ratna
- Kshara varga

(c) ROGA NIDANA

- Diseases Of Mamsavaha Srotas
- Diseases Of Medovaha Srotas
- Diseases Of Asti-vaha Srotas

(d) SWASTHAVRITHA

- Food Groups - Dhanya Varga

(e) KANNADA/MALAYALAM/TAMIL/ TELUGU

- As per University Syllabus

(f) COMPREHENSION & COMMUNICATIVE ENGLISH

- As per University Syllabus

S3-C3 unit1- 2weeks**(a) DRAVYA GUNA VIJNANA**

- Introduction to medicinal plants - Part 2
- Drugs of Animal Origin

(b) RASA SHASTRA

- Aushadhi yoga

(c) ROGA NIDANA

- Diseases Of Pranavaha Srotas
- Diseases of Annavaha Srotas
- Diseases Of Mutravaha Srotas
- Diseases Of Swedavaha Srotas

(d) SWASTHAVRITHA

- Nidra
- Brahamacharya

IV SEMESTER CURRICULUM

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS/WEEK	Q.SUBJECT CODE	CREDIT
1	DRAVYA GUNA - II		1+1+2	7		4
2	BHAISHAJYA KALPANA		2+2+1	8		5
3	COMMUNITY HEALTH & NUTRITION		1+1+2	7		4
4	MANOVIJNANA		1+0+2	5		3
5	KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI		2+1+0	4		3
6	ENGLISH		2+1+0	4		3
	Total		22	34		22

S4 - C1 - 8 weeks

S4-C1- Unit 1- 4 weeks

(a) DRAVYA GUNA II

- Introduction to medicinal plants - Part I

(b) BHAISHAJYA KALPANA

- History
- Fundamental Principles
- Guidelines & Methods

(c) COMMUNITY HEALTH & NUTRITION

- Introduction
- Health Assessment
- Principles of Edpidemology
- Family Health care
- Referral System

(d) MANOVIJNANA

- Concept of Manas

- Ayurveda Psychology – Basic Principles
- Psychoanalytical concepts

(e) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(f) ENGLISH

- As per University Syllabus

S4-C1- Unit 2- 4 weeks

(a) DRAVYAGUNA VIJNANA II

- Introduction to medicinal plants – Part II

(b) BHAISHAJYA KALPANA

- Panchavidha Kashaya Kalpana
- Introcution to Equipments

(c) COMMUNITY HEALTH & NUTRITION

- Record & Reports
- Healthcare Delivery System
- National Health Programs

(d) MANOVIJNANA

- Concept of Manas in Ayurveda
- Psychological processes
- Understanding of Manasika Bhava
- Study of Ojas

(e) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(f) ENGLISH

- As per University Syllabus

S4-C2 - Unit 1 - 4 weeks

(a) DRAVYAGUNA VIJNANA II

- Introduction to medicinal plants – Part III

(b) BHAISHAJYA KALPANA

- Sneha Kalpana
- Sandhana Kalpana

(c) COMMUNITY HEALTH & NUTRITION

- Health Agencies – An Introduction
- Nutrition - An Introduction

(d) MANOVIJNANA

- Manoroga Samnya Nidhana
 - Psychiatric Examination
- (e) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI
- As per University Syllabus

(f) ENGLISH

- As per University Syllabus

S4-C2 - Unit 2 - 4 weeks

(a) DRAVYAGUNA VIJNANA II

- Introduction to medicinal plants – Part IV

(b) BHAISHAJYA KALPANA

- Kritanna and Aushadisiddha Anna Kalpana
- External Applications
- Preparation of Thailas

(c) COMMUNITY HEALTH & NUTRITION

- Diet
- Preservation & Storage of Food

(d) MANOVIJNANA

- Clinical Psychology
- Psychiatric Disorders – Classifications

(e) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(f) ENGLISH

- As per University Syllabus

S4-C3 - Unit 1 - 2 weeks

(a) DRAVYAGUNA VIJNANA II

- Introduction to medicinal plants – Part V
- Drugs of Animal Origin

(b) BHAISHAJYA KALPANA

- Introduction & Dosage of Semi Solid Medicines

(c) COMMUNITY HEALTH & NUTRITION

- Therapeutic Diet
- Community Nutrition
- National & Internal Food Agencies

(d) MANOVIJNANA

- Symptoms & Cause of Mental Illness

(e) KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI

- As per University Syllabus

(f) ENGLISH

- As per University Syllabus

V SEMESTER CURRICULUM

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS/WEEK	Q.SUBJECT CODE	CREDIT
1	PANCHAKARMA I		1+2+1	7		4
2	BASICS OF MARMA & KALARIPAYATTU		1+1+2	7		4
3	BASICS OF YOGA 1		0+1+2	6		3
4	PRASUTHI & STREE ROGA		2+0+1	4		3
5	SHALAKYA TANTRA		2+0+1	4		3
6	KAYACHIKITSA 1		2+1+2	8		5
	Total		22	36		22

S5 - C1 - 8 weeks

S5-C1- Unit 1- 4 weeks

(a) PANCHAKARMA I

- Introduction
- Snehana & types

(b) BASICS OF MARMA & KALARIPAYATTU

- History of marma

(c) BASICS OF YOGA 1

- Concept Of Yoga

(d) PRASUTHI & STREE ROGA

- Introduction to Stri Sharira Vignana
- Rago Vignana
- Garbha Vignana

(e) SHALAKYA TANTRA

- Introduction
- Netra Samanya & Vishishta Chiktisa
- Santhigatha Roga
- Vartmagatha Roga

(f) KAYACHIKITSA 1

- Derivation of Kayachikitsa

S5-C1- Unit 2- 4 weeks

(a) PANCHAKARMA I

- Murdhini Thaila
- Abhyantra Snehana
- Shodhanartha Snehana

(b) BASICS OF MARMA & KALARIPAYATTU

- History Of Kalari payattu

(c) BASICS OF YOGA 1

- Stream of Yoga - Gnana Yoga

(d) PRASUTHI & STREE ROGA

- Garbhini Vignana
- Garbhini Vyapad

(e) SHALAKYA TANTRA

- Krishnagata Roga
- Drushtigata Roga

(f) KAYACHIKITSA 1

- Management of Vardhakyajanita Vikaras

S5-C2- Unit 1- 4 weeks

(a) PANCHAKARMA I

- Special Procedures - Svedana

(b) BASICS OF MARMA & KALARIPAYATTU

- Role of Prana on Marmas

(c) BASICS OF YOGA 1

- Raja Yoga

(d) PRASUTHI & STREE ROGA

- Prasava Vignana

(e) SHALAKYA TANTRA

- Shiro Roga
- Karna Roga

(f) KAYACHIKITSA 1

- Chikitsa Sutra - Management of Jwara
- Chitsa Sutra - Rasavaha Srotas

S5-C2- Unit 2- 4 weeks

(a) PANCHAKARMA I

- Vastis

(b) BASICS OF MARMA & KALARIPAYATTU

- Body Symmetry Exercises

(c) BASICS OF YOGA 1

- Bhakti Yoga

(d) PRASUTHI & STREE ROGA

- Sutika Vignana
- Sthanya Vignana
- Artava Vyapad

(e) SHALAKYA TANTRA

- Nasa Roga
- Jihwa Gata Roga

(f) KAYACHIKITSA 1

- Chikitsa Sootra - Management of Raktavaha Srotas
- National Health Programmes - Management

S5-C3- Unit 1- 2 weeks**(a) PANCHAKARMA I**

- Vamana Karma

(b) BASICS OF MARMA & KALARIPAYATTU

- Marma Chikitsa
- May Payattu

(c) BASICS OF YOGA 1

- Karma Yoga

(d) PRASUTHI & STREE ROGA

- Yoni Vyapad
- Vandhyathva
- Sthana Roga

(e) SHALAKYA TANTRA

- Mukha Rogas
- Oshta Rogas
- Samanya Chikitsa

(f) KAYACHIKITSA 1

- Endocrine Diseases
- Immuno Deficiency Disorders
- Emergency Management

VI SEMESTER CURRICULUM

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS/WEEK	Q.SUBJECT CODE	CREDIT
1	PANCHAKARMA II		1+2+1	7		4
2	MARMA & KALARIPAYATTU II		1+1+2	7		4
3	YOGA 2		1+1+2	6		4
4	KAUMARABRUTHYA		1+0+2	5		3
5	KAYA CHIKITSA 2		1+1+2	7		4
6	AGADATANTRA		1+1+1	5		3
	Total		22	37		22

S6 - C1 - 8 weeks

S6-C1- Unit 1- 4 weeks

(a) PANCHAKARMA II

- Virechana

(b) MARMA & KALARIPAYATTU II

- Marma Shaarira evam Asthi Sandhi Peshee Shaarira

(c) YOGA 2

- Indian Culture & Yoga

(d) KAUMARABRUTHYA

- Ayurvedic Paediatric & Child Care - Introduction

(e) KAYA CHIKITSA 2

- Chikitsa Sootra - Management of Pranavaha Sotras
- Chikitsa Sootra - Management of Udakavaha Sotras

(f) AGADATANTRA

- Definition & Derivation of Visha & Agadathantra

S6-C1- Unit 2- 4 weeks

(a) PANCHAKARMA II

- Basti Karma
- Nruha Basti

(b) MARMA & KALARIPAYATTU II

- Angatari

(c) YOGA 2

- Breathing Exercises

(d) KAUMARABRUTHYA

- Grabha Vrudhi Vikasa Karma

(e) KAYA CHIKITSA 2

- Chikitsa Sutra – Annavaha Srotas
- Vata Vyadhi – Management

(f) AGADATANTRA

- Garavisha, Dooshivisha, Viruddhahara
- Jangama Visha
- Madya & Madatyaya

S6-C2- Unit 1- 4 weeks**(a) PANCHAKARMA II**

- Anuvasana Basti

(b) MARMA & KALARIPAYATTU II

- Management of specific disorders with Marma Chikithsa
- Marma & Yoga

(c) YOGA 2

- Life & Messages of Spiritual Masters

(d) KAUMARABRUTHYA

- Samanya Chikitsa Sidhanta – Paediatric Disorders

(e) KAYA CHIKITSA 2

- Nidhana & Chikitsa or Urusthamba
- Chikitsa Sutra & Management of Mamsavaha Sotras
- Chikitsa Sutra & Management of Asthi-Majjavaha Sotras

(f) AGADATANTRA

- Forensic Medicine

S6-C2- Unit 2- 4 weeks**(a) PANCHAKARMA II**

- Nasya

(b) MARMA & KALARIPAYATTU II

- Verumkai Prayogam

(c) YOGA 2

- Pranayama & Kriyas

(d) KAUMARABRUTHYA

- Kuposhanjanya Vyadhi
- Infectious Diseases

(e) KAYA CHIKITSA 2

- Chikitsa Sutra – Management of Mutravaha Sotras
- Chikitsa Sutra – Management of Purishavaha Sotras

(f) AGADATANTRA

- Medico Legal Procedures

S6-C3- Unit 1- 2 Weeks**(a) PANCHAKARMA II**

- Rakthamokshanam

(b) MARMA & KALARIPAYATTU II

- Kalari Marma Chikitsa and its importance

(c) YOGA 2

- Teaching Techniques
- Project Works

(d) KAUMARABRUTHYA

- Srotas Vikara
- Behavioural Disorders of Children-Management & Counseling

(e) KAYA CHIKITSA 2

- Definition & Derivation of Rasayana & Vajikarana

(f) AGADATANTRA

- Ethics & Classical Texts
- Medical Laws

TOTAL CREDITS

Semester	Credits
I	22
II	22
III	22
IV	22
V	22
VI	22
Total	132

CBCS and CAGP Regulations for B.Sc (Ayurveda Science) - 2019, University of Mysore**Title - Commencement**

These Regulations shall be called the University of Mysore regulations for Choice Based Credit System (CBCS) and Continuous Assessment Grading Pattern (CAGP) for B. Sc (Ayurveda Science) - Honors under the regulation of Specialized

Programs of University of Mysore. These Regulations are in force from the academic year 2219-2222.

1. Intake - Maximum 40

2. Specialized Programs

2.1 B.Sc. (Ayurveda Science) - of three years — 6 Semesters majoring in Ayurveda Sciences

2.2 A candidate gets awarded with B. Sc (Ayurveda Science) degree if he/she earns 132 credits in 6 semesters

3. Definition

3.1 Course: Every course offered will have two components associated with the teaching-learning process of the course, namely:

Lecture - L (ii) Practical /Practice/Tutorial - P& T. L stands for theory lecture sessions, while P & T consists of Hands on experience / **Laboratory Experiments** / Field Studies / Case studies / Intensive practice exercises /Seminars/Discussions that equip students to acquire the much required skill component.

3.2 In terms of credits, every one-hour session per week of L amounts to 1 credit per semester and a minimum of two hours' session of P /T per week amounts to 1 credit per semester, over a period of one semester of 18 weeks for teaching-learning process. The total duration of a semester is 22 weeks inclusive of semester-end examination.

3.3 A course shall have either one or both the components. That means a course may have only L component, or only P/T component or combination of both.

3.4 The total credit earned by a student at the end of the semester upon successfully completing the course is L + P. The credit pattern of the course is indicated as L+P.

3.5 Different courses of study are labelled and defined in the scheme of instruction for specialized B.Sc. (Ayurveda Science) programs.

4. Eligibility for admission

A Candidate who is qualified as follows is eligible for admission

4.1 A candidate who has successfully completed +2 or equivalent with PCB / CBZ combination

4.2 A candidate who has completed Diploma or equivalent of at least 2 years' duration after 10th year of schooling with biology as a subject.

4.3 A candidate who has completed Diploma or equivalent of at least 1 years' duration after 12th year of schooling in biology or life sciences.

4.3 A candidate who has completed a Diploma in Technical/ Engineering/ Pathological / Clinical / Paramedical courses of a minimum of 2 years' duration subjected to 10 years of schooling are also eligible provided such a candidate completes the prescribed remedial courses in Biology during the 1st year of B.Sc. program. The successful completion of remedial courses is mandatory and unless a candidate completes this mandatory requirement, he/she cannot enter into 3rd semester.

4.5 Candidates who have successfully completed 1st year and 2nd year of B.Sc. from UGC recognized Universities (within Karnataka) are eligible for admission to 3rd Semester of the course respectively subject to the approval from the University.

4.6 Candidates who have successfully completed 1st year and 2nd year of B.Sc. from UGC recognized Universities (outside Karnataka) are eligible for admission to 3rd Semester of the course respectively subject to the approval by the equivalence committee and authorities of University of Mysore.

The intake shall be as approved by the university from time to time.

5. Fees Structure:

5. Scheme of Instruction

5.1 A B.Sc. degree program is of 6 semesters -132 credits. A candidate can avail a maximum of 12 semesters - 6 years as per double duration norm, in one stretch to complete B.Sc. degree, including blank semesters, if any. Whenever a candidate opts for blank semesters, he/she has to study the prevailing courses offered by the department when he/she resumes his/her studies.

5.2 A candidate has to earn 132 credits for successful completion of B. Sc degree with the distribution of credits for different courses over different semesters as stipulated.

5.3 Normally, A candidate shall enrol for a minimum of 22 credits per semester; including dropped courses of previous semester, if any.

5.4 Only such candidates who register for 22 credits per semester and complete successfully 22 credits in 6 successive semesters shall be considered for declaration of ranks, medals and are eligible to apply for student fellowship, scholarship, free ships and hostel facilities.

6. Continuous Assessment Earning of Credits and Award of Grades

The evaluation of the candidate shall be based on continuous assessment. The structure for evaluation is as follows:

6.1 Assessment and evaluation processes happen in a continuous mode. However, for reporting purposes, a semester is divided into 3 discrete components identified as C1, C2, and C3.

6.2 The performance of a candidate in a course will be assessed for a maximum of 100 marks as explained below.

6.2.1 The first component (C1), of assessment is for 10 marks. This will be based on test, assignment and seminar. During the first half of the semester, the first 50% of the syllabus (unit 1 and 2) will be completed. This shall be consolidated during the 9th week of the semester. Beyond 9th week, making changes in C1 is not permitted.

The finer split-up for the award of 10 marks in C1 is as follows:

Assignment/brief presentation/seminars.....3 marks for unit 1

Assignment/brief presentation/seminars.....3 marks for unit 2

A review test4 marks for unit 1 and 2

6.2.2 The second component (C2), of assessment is for 10 marks.

This will be based on test, assignment, and seminar. The continuous assessment and scores of second half of the semester will be consolidated during the 18th week of the semester. During the second half of the semester the remaining units (unit 3 and 4) of the syllabus will be completed.

The finer split-up for the award of 15 marks in C2 is as follows:

Assignment/brief presentation/seminars.....3 marks for C2 -unit 1

Assignment/brief presentation/seminars.....3 marks for C2-unit 2

A review test 4 marks

6.2.2.1 The outline for continuous assessment activities for Component-I (C1) and Component-II (C2) will be proposed by the teacher(s) concerned before the commencement of the semester and will be discussed and decided in the respective Departmental Council. The students should be informed about the modalities well in advance. The evaluated courses/assignments during component I (C1) and component II (C2) of assessment are immediately returned to the candidates after obtaining acknowledgement in the register maintained by the concerned teacher for this purpose.

6.2.3 During the 17th-18th week of the semester, a semester-end examination of 2 hours duration shall be conducted for each course. This forms the third/final component of assessment (C3) and the maximum marks for the final component will be 80.

Setting question Subjects and evaluation of answer scripts.

Question Subjects (for C3) in three sets shall be set by the internal examiner for a course. Whenever there are no sufficient internal-examiners, the chairman of BoE shall get the question Subjects set by external examiners.

The Board of Examiners shall scrutinize and approve the question Subjects and scheme of valuation.

(i) There shall be single valuation for all theory Subjects by internal examiners.

The examination for Practical work/ Field work/Project work/Internship will-be conducted jointly by internal and external examiners. However, the BoE on its discretion can also permit two internal examiners.

IV. Challenge valuation

A student who desires to apply for challenge valuation shall obtain a photo copy of the answer script by paying the prescribed fee within 10 days after the announcement of the results. He / She can challenge the grade awarded to him/her by surrendering the grade card and by submitting an application along with the prescribed fee to the Registrar (Evaluation) within 15 days after the announcement of the results. This challenge valuation is only for C3 component.

The answer scripts for which challenge valuation is sought for shall be sent to another examiner. The higher of two marks from first valuation and challenge value shall be the final.

In case of a course with only practical component a practical examination will be conducted with both internal and external examiners. A candidate will be assessed on the basis of a) knowledge of relevant processes b) Skills and operations involved c) Results / products including calculation and reporting. If external examiner does not turn up, then both the examiners will be internal examiners. The duration for semester-end practical examination shall be decided by the departmental council.

6.1 If X is the marks scored by the candidate out of 50 in C3 in theory examination, if Y is the marks scored by the candidate out of 22 in C3 in Practical examination, and then the final marks M in C3 is decided as per the following table:

6.1 A candidate's performance from all 3 components will be in terms of scores, and the sum of all three scores will be for a maximum of 100 marks (10 + 10 + 80 - 50 Theory & 30 Practicals).

6.2 Finally, awarding the grades should be completed latest by 18th week of the semester.

6.4 In case a candidate secures less than 30% in C1 and C2 put together in a course, the candidate is said to have DROPPED that course, and such a candidate is not allowed to appear for C3 in that course.

In case a candidate's class attendance in a course is less than 80% or as stipulated by the University, the candidate is said to have DROPPED that course, and such a candidate is not allowed to appear for C3 in that course.

6.5 In case a candidate secures more than 30% in C1+C2 but less than 30% in C3, such a candidate may opt to DROP that course or may opt to appear for C3 examination during the subsequent examinations. In case he/she opts to appear for just C3 examination, then the marks scored in C1+C2 shall get continued. Repeat C3 examinations will be conducted in every semester.

6.6 A candidate has to re-register for the DROPPED course when the course is offered again by the department. A candidate who is said to have DROPPED project or internship work has to re-register for the same subsequently within the stipulated period. The details of any DROPPED course will not appear in the grade card.

6.7 The tentative / provisional grade card will be issued by the Registrar (Evaluation) at the end of every semester indicating the courses completed successfully. This statement will not contain the list of DROPPED courses.

6.8 Upon successful completion of B.Sc. Degree, a final grade card consisting of grades of all courses successfully completed by the candidate will be issued by the Registrar (Evaluation).

6.9 The grade and the grade point earned by the candidate in the subject will be as given below

Marks (P)	Grade (G)	Grade Point (GP=V x G)
30-39	4	V*4
40-49	5	V*5
50-59	6	V*6
60-64	6.5	V*6.5
65-69	7	V*7
70-74	7.5	V*7.5
75-79	8	V*8
80-84	8.5	V*8.5
85-89	9	V*9
90-94	9.5	V*9.5
95-100	10	V*10

Here, P is the percentage of marks ($P = \frac{C1+C2}{M} \times 100$) secured by a candidate in a course which is rounded to nearest integer. V is the credit value of course. G is the grade and GP is the grade point.

6.10 A candidate can DROP any course within in ten days from the date of notification of final results. Whenever a candidate drops a course, he/she has to register for the DROPPED course as stated in 6.6.

6.11 Overall cumulative grade point average (CGPA) of a candidate after successful completion of the required number of credits (180 for B.SC Honors and 140 for B.SC) is given by $CGPA = \frac{\sum GP}{\text{Total number of credits completed}}$.

Classification of results

The final grade point (FGP) to be awarded to the student is based on CGPA secured by the candidate and is given as follows.

CGPA	Numerical Index	FGP - Qualitative Index
4<=CGPA<5	5	PASS CLASS
5<=CGPA<6	6	SECOND CLASS
6<=CGPA<7	7	FIRST CLASS
7<=CGPA<8	8	FIRST CLASS
8<=CGPA<9	9	DISTINCTION
9<=CGPA<10	10	DISTINCTION

8. Provision for appeal

If a candidate is not satisfied with the evaluation of C1 and C2 components, he/she can approach the grievance cell with the written submission together with all facts, the assignments, and test Subjects etc., which were evaluated. He/she can do so before the commencement of semester-end examination. The grievance cell is empowered to revise the marks if the case is genuine and is also empowered to levy penalty as prescribed by the university on the candidate if his/her submission is found to be baseless and unduly motivated. This cell may recommend taking disciplinary/corrective action on an evaluator if he/she is found guilty. The decision taken by the grievance cell is final.

For every program there will be one grievance cell. The composition of the grievance cell is as follows.

The Registrar (Evaluation) ex-officio Chairman / Convener

One senior faculty member (other than those concerned with the evaluation of the course concerned) drawn from the department/discipline and/or from the sister departments/sister disciplines.

One senior faculty member / subject expert drawn from outside the University department.

UNIVERSITY OF MYSORE

Choice-based Credit system of Bachelor of Science Degree Program in

AYURVEDA SCIENCE

Sem	Sl.No.	Code	Course Title	Credit Pattern in LTP	Credit Value	Hours Per Week LTP	Total Hours	Examination Marks			Total
								C1	C2	C3	
I	001		Language 1 KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI	2:0:0	2	2:0:0	2	10	10	80	100
I	002		Language 2 ENGLISH	2:0:0	2	2:0:0	2	10	10	80	100
I	003		SHARIRA RACHANA AND KRIYA	4:1:2	7	4:2:4	10	10	10	80	100
I	004		FUNDAMENTALS OF NURSING	1:2:1	4	1:4:2	7	10	10	80	100
I	005		SANSKRIT - I	2:0:0	2	2:0:0	2	10	10	80	100
I	006		ENVIRONMENTAL STUDIES	3:2:0	5	3:4:0	7	10	10	80	100
II	007		LANGUAGE 1 KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI	2:0:0	2	2:0:0	2	10	10	80	100
II	008		LANGUAGE 2 ENGLISH	1:1:1	3	1:2:2	5	10	10	80	100
II	009		PADARTHA VIJANA AND AYURVEDA ITHIHASA	5:1:0	6	5:2:0	7	10	10	80	100
II	010		CONSTITUTION OF INDIA	3:1:0	4	3:2:0	5	10	10	80	100
II	011		SANSKRIT - II	3:0:0	3	3:0:0	3	10	10	80	100
II	012		BASICS OF COMPUTER	2:0:2	4	2:0:4	6	10	10	80	100
III	013		LANGUAGE 1 KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI	2:0:0	2	2:0:0	2	10	10	80	100

III	014		LANGUAGE 2 ENGLISH	1:0:1	2	1:0:2	3	10	10	80	100
III	015		DRAVYA GUNA VIJNANA	2:2:1	5	2:4:2	8	10	10	80	100
III	016		RASA SHASTRA	2:1:1	4	2:2:2	6	10	10	80	100
III	017		ROGA NIDANA	1:2:1	4	1:4:2	7	10	10	80	100
III	018		SWASTHAVRITHA	2:2:1	5	2:4:2	8	10	10	80	100
IV	019		LANGUAGE 1 KANNADA/MALAYALAM/TAMIL/ TELUGU/HINDI	2:0:1	3	2:0:2	4	10	10	80	100
IV	020		LANGUAGE 2 ENGLISH	2:0:1	3	2:0:2	4	10	10	80	100
IV	021		DRAVYA GUNA - II	1:2:1	4	1:4:2	7	10	10	80	100
IV	022		BHAISHAJYA KALPANA	2:1:2	5	2:2:4	8	10	10	80	100
IV	023		COMMUNITY HEALTH & NUTRITION	1:2:1	4	1:4:2	7	10	10	80	100
IV	024		MANOVJNANA	1:2:0	3	1:4:0	5	10	10	80	100
V	025		PANCHAKARMA I	1:1:2	4	1:2:4	7	10	10	80	100
V	026		BASICS OF MARMA & KALARIPAYATTU	1:2:1	4	1:4:2	7	10	10	80	100
V	027		BASICS OF YOGA 1	0:2:1	3	0:4:2	6	10	10	80	100
V	028		PRASUTHI & STREE ROGA	2:1:0	3	2:2:0	4	10	10	80	100
V	029		SHALAKYA TANTRA	2:1:0	3	2:2:0	4	10	10	80	100
V	030		KAYACHIKITSA 1	2:2:1	5	2:4:2	8	10	10	80	100
VI	031		PANCHAKARMA II	1:1:2	4	1:2:4	7	10	10	80	100
VI	032		MARMA & KALARIPAYATTU II	1:2:1	4	1:4:2	7	10	10	80	100
VI	033		YOGA 2	1:2:1	4	1:4:2	6	10	10	80	100
VI	034		KAUMARABRUTHYA	1:2:0	3	1:4:0	5	10	10	80	100
VI	035		KAYA CHIKITSA 2	1:2:1	4	1:4:2	7	10	10	80	100
VI	036		AGADATANTRA	1:1:1	3	1:2:2	5	10	10	80	100

**AYUR MATAM - ACADEMIC INSTITUTE OF
AYURVEDA & YOGIC SCIENCES (AM-AIAYS)**

Syllabus of Courses offered at AM-AIAYS

DIPLOMA IN AYURVEDA PANCHAKARMA & YOGA SCIENCE

Regulations and Curriculum

INSTRUCTIONS:

1. **Duration** : Diploma in **Ayurveda Panchakarma & Yoga Science** is for a duration of **TWO Semesters** [i.e., ONE Year]
2. **Number of Courses** : The Programme consists of One Course per Semester.
3. **Total Number of Courses** : Two.
4. **Number of Credits** : Number of Credits 44
5. **Total Number of Credits** : = 44 Credits.

[This shall be inclusive of Theory/Application/Practical-work and seminars as required/applicable to each course depending on the content/approach by the faculty]

7. **Scheme** : Diploma (**Ayurveda Panchakarma & Yoga Science**)
8. **Intake** : Maximum 40
9. **Fees Structure** :

Note:

Fees to be collected from the students [by the University] at the time of admission shall be included in the Fee Structure of the University.

I SEMESTER CURRICULUM & COURSE STRUCTURE

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P	CONTACT HRS.	Q.SUBJECT CODE	CREDIT
1	AYURVEDA ITHIHASA		3+0+2	7		5
2	FUNDAMENTALS OF PANCHAKARMA		4+4	12		8
3	FUNDAMENTALS OF YOGA		2+4	10		6
4	ENGLISH		2+1	4		3
	TOTAL		22	33		22

S1-C1-Unit 1-4 weeks

- (a) AYURVEDA ITHIHASA
 - Basic Theory of Ayurveda
- (b) FUNDAMENTALS OF PANCHAKARMA
 - Introduction to Panchakarma
- (c) FUNDAMENTALS OF YOGA
 - Concept of Yoga
- (d) COMMUNICATIVE ENGLISH

S1-C1-Unit 2-4 Weeks

- (a) AYURVEDA ITHIHASA
 - Philosophy of Ayurveda
- (b) FUNDAMENTALS OF PANCHAKARMA
 - Trivida Karma
 - Importance of Panchakarma Therapy
 - Sneha Karma
 - Swedana Karma
- (c) FUNDAMENTALS OF YOGA 1
 - Streams of Yoga
 - Jnana Yoga
- (d) COMMUNICATIVE ENGLISH
 - To be provided by University

S1-C2-Unit 1-4 weeks

- (a) AYURVEDIC ITHIHASA
 - Principles of Ayurveda
- (b) FUNDAMENTALS OF PANCHAKARMA

- Vamana
 - Virechana
- (c) FUNDAMENTAL OF YOGA 1
- Raja Yoga
- (d) COMMUNICATIVE ENGLISH
- To be provided by University

S1-C2-Unit 2-4 Weeks

- (a) AYURVEDIC ITIHASA
- Authors of Modern Era
- (b) FUNDAMENTALS OF PANCHAKARMA
- Anuvasana Karma
 - Asthapana Karma
- (c) FUNDAMENTAL OF YOGA 1
- Bhakthi Yoga
- (d) COMMUNICATIVE ENGLISH
- To be provided by University

S1-C3-Unit 1-2 Weeks

- (a) AYURVEDIC ITIHASA
- Globalization of Ayurveda
- (b) FUNDAMENTALS OF PANCHAKARMA
- Shiro Virechana
 - Rakta Mokshana
- (c) FUNDAMENTAL OF YOGA 1
- Karma Yoga
 - Unity in Diversity
- (d) COMMUNICATIVE ENGLISH
- To be provided by University

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS.	Q.SUBJECT CODE	CREDIT
1	PANCHAKARMA THERAPIES - THEORY		4+0+0	4		4
2	YOGA ASANAS - THEORY		4+0+0	4		4
3	PANCHAKARMA THERAPIES - PRACTICAL		0+6+0	12		6
4	YOGA ASANAS - PRACTICAL		0+6+0	12		6
	TOTAL		22	32		22

II SEMESTER CURRICULUM & COURSE STRUCTURE

S2-C1-Unit 1-4 Weeks

- (a) PANCHAKARMA THERAPIES - THEORY
 - Post Operative Management
 - Snehana
 - 1) Bahya Snehana
 - 2) Abyanthara Snehana
- (b) YOGA ASANAS - THEORY
 - Effects on Indian Cultural on Yoga
- (c) PANCHAKARMA THERAPIES - PRACTICAL
 - Basic introduction of Panchakarma Instruments
- (d) YOGA ASANAS - PRACTICAL
 - Initial breathing exercise
 - Describe the initial breathing practices

S2-C1-Unit 2-4 Weeks

- (a) PANCHAKARMA THERAPIES - THEORY
 - Swedana Karma
- (b) YOGA ASANAS - THEORY
 - Life and Messages of Spiritual Masters
- (c) PANCHAKARMA THERAPIES - PRACTICAL
 - Udwarthanam
 - Shirodhara
 - Kaya Seka
- (d) YOGA ASANAS - PRACTICAL
 - Record Maintenance

S2-C2-Unit 1-4 Weeks

- (a) PANCHAKARMA THERAPIES - THEORY
 - Vamana Karma
 - Virechana Karma
- (b) YOGA ASANAS - THEORY
 - Life and Messages of Spiritual Masters
- (c) PANCHAKARMA THERAPIES - PRACTICAL
 - Kativasthi
 - Greevavasthi
 - Janu Vasthi
 - Thalapodichil
 - Shirovasthi
- (d) YOGA ASANAS - PRACTICAL

- Introduction to Pranayama

S2-C2-Unit 2-4 Weeks

(a) PANCHAKARMA THERAPIES - THEORY

- Basti Karma
- Anuvasana Basti

(b) YOGA ASANAS - THEORY

- Kriyas (Objectives & Various types)

(c) PANCHAKARMA THERAPIES - PRACTICAL

- Vamana
- Virechanam
- Nasyam
- Akshi Tarpana

(d) YOGA ASANAS - PRACTICAL

- Present Kriyas Introduction

S2-C3-Unit 1-2 Weeks

(a) PANCHAKARMA THERAPIES - THEORY

- Nasyam Karma
- Rakta Mokshana

(b) YOGA ASANAS - THEORY

- Teaching Techniques

(c) PANCHAKARMA THERAPIES - PRACTICAL

- Karna Poorana
- Lepa
- Thalam

(d) YOGA ASANAS - PRACTICAL

- Teaching Techniques
- Project work

10. Eligibility for Admission :

A Candidate who is qualified as follows is eligible for admission

4.1 A candidate who has successfully completed SSLC, +2 or equivalent with PCB / CBZ combination

4.2 A candidate who has completed Diploma or equivalent of at least 1 years' duration after 10th year of schooling with biology as a subject.

4.3 A candidate who has completed a Diploma in Technical/ Engineering/ Pathological / Clinical / Paramedical courses of a minimum of 2 years' duration subjected to 10 years of schooling are also eligible provided such a candidate completes the prescribed remedial courses in Biology.

4.4 Candidates who have successfully completed 1st year and 2nd year of B.Sc. from UGC recognized Universities (within Karnataka) are eligible for admission subject to the approval from the University.

4.5 Candidates who have successfully completed 1st year and 2nd year of B.Sc. from UGC recognized Universities (outside Karnataka) are eligible for admission subject to the approval by the equivalence committee and authorities of University of Mysore.

The intake shall be as approved by the university from time to time.

1. Allocation of Marks:

a. Total Marks for Diploma Programme: 100 Marks for Each Semester

b. Number of Marks for Each Course: 100 Marks

c. Out of 100 Marks: C3 = 80 Marks is for Theory Examination
[Comprehensive end Semester Exam]

d. C1 + C2 = 10 + 10 = 20 Marks is for Continuous Assessment [for all the Courses in 4 Semesters]

e. 20 Marks for C1 & C2 shall have the break-up as follows:

C1: 5 Marks for the First Test + 5 Marks for Assignment [all the Courses in 4 Semesters]

C2: 5 Marks for the Second Test + 5 Marks for Seminar [all the Courses in 4 Semesters]

Note: Minimum of 30% in C1+ C2 put together is required for a candidate to qualify for taking up C3 Examination.

2. Attendance:

75% Attendance is mandatory for the student in each Course/Subject to appear for C3 Exam.

3. In case a candidate secures less than 30% in C1 and C2 put together in a course, the candidate is said to have DROPPED the course and is not allowed to appear for C3 in the Course.

4. In case a candidate secures less than 30% in C3, he/she may choose DROP/MAKE-UP option.

UNIVERSITY OF MYSORE
Choice-based Credit system of
DIPLOMA IN AYURVEDA PANCHAKARMA & YOGA SCIENCE

Sem	Sl.No.	Code	Course Title	Credit Pattern in LTP	Credit Value	Hours Per Week LTP	Total Hours	Examination Marks			Total
								C1	C2	C3	
I	001		Language 1 ENGLISH	2:0:1	3	2:0:2	4	10	10	80	100
I	002		AYURVEDA ITIHASA	3:0:2	5	3:0:4	7	10	10	80	100
I	003		FUNDAMENTALS OF YOGA	2:0:4	6	2:0:8	10	10	10	80	100
I	004		FUNDAMENTALS OF PANCHAKARMA	4:0:4	8	4:0:8	12	10	10	80	100
II	005		PANCHAKARMA THERAPIES - THEORY	4+0+0	4	4+0+0	4	10	10	80	100
II	006		YOGA ASANAS - THEORY	4+0+0	4	4+0+0	4	10	10	80	100
II	007		PANCHAKARMA THERAPIES - PRACTICAL	0:6:0	6	0:12:0	12	S	10	80	100
II	008		YOGA ASANAS - PRACTICAL	0:6:0	6	0:12:0	12	10	10	80	100

**AYUR MATAM - ACADEMIC INSTITUTE OF
AYURVEDA & YOGIC SCIENCES (AM-AIAYS)**

Syllabus of Courses offered at AM-AIAYS

POST GRADUATE DIPLOMA IN MARMA CHIKITSA SCIENCE

Regulations and Curriculum

INSTRUCTIONS:

1. **Duration** : Post Graduate Diploma in Marma Chikitsa for duration of **TWO Semesters** [i.e., ONE Year]
2. **Number of Credits** : 44
3. **Scheme** : Post Graduate Diploma (**Marma Chikitsa**)
8. **Intake** : Maximum 40
9. **Fees Structure**

Note:

Fees to be collected from the students [by the University] at the time of admission shall be included in the Fee Structure of the University.

I SEMESTER CURRICULUM & COURSE STRUCTURE

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS.	Q.SUBJECT CODE	CREDIT
1	SHAREERA RACHANA & SHAREERA KRIYA		2+3+2	12		7
2	MARMA CHIKITSA PAPER 1		5+3+7	25		15
	TOTAL		22	37		22

S1-C1-8 Weeks

Unit 1-4 weeks

(a) SHAREERA RACHANA & SHAREERA KRIYA

- Definition of Sharira & Shaarira
- Pramana Sharira
- Asthisharira
- Sandhi Sharira
- Sira Sharira

(b) MARMA CHIKITSA PAPER 1

- ORIGIN & EXPOSITION OF MARMAS & KALARI MARMAS
- History of Marma

S1-C1-Unit 2-4 weeks

(a) SHAREERA RACHANA & SHAREERA KRIYA

- Peshi Sharira
- Koshta Sharira
- Embryology

(b) MARMA CHIKITSA PAPER 1

- classification of marmas
- clinical importance with viddha lakshanas of marma
- Local community marma visits
- Record maintaing

S1-C2-Unit 1-4 weeks

(a) SHAREERA RACHANA & SHAREERA KRIYA

- Twak
- Manas
- Atma
- Nidra
- Lymphatic System
- Respiratory System
- Digestive System
- Koshtha (Agni - Mamsa Dhatu)

(b) MARMA CHIKITSA PAPER 1

- Role of pranas on marma
- Marmas and chakras
- Local community visits
- Record maintaing

S1-C2-Unit 2-4 weeks**(a) SHAREERA RACHANA & SHAREERA KRIYA**

- Meda Dhatu
- Asthi Dhatu
- Majja Dhatu
- Shukra Dhatu
- Reproductive system
- Endocrinology
- Nervous System

(b) MARMA CHIKITSA PAPER 1

- Anatomy of marmas
- Marma nidana
- Local community visits
- Record maintaing

S1-C3-Unit 1-2 weeks**(a) SHAREERA RACHANA & SHAREERA KRIYA**

Osteology

Arthrology

Cardiovascular System

Concept of kriya kala

(b) MARMA CHIKITSA PAPER 1

- Clinical importance of marmas in relations to chikitsa
- Local community visits
- Record maintaing

II SEMESTER CURRICULUM & COURSE STRUCTURE

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS.	Q.SUBJECT CODE	CREDIT
1	MARMA CHIKITSA PAPER 2		2+2+2	10		6
2	CLINICAL APPROACH TO MARMA &KALARI CHIKITSA		4+6+6	28		16
			22	38		22

S2-C1-Unit 1-4 weeks

(a) MARMA CHIKITSA PAPER 2

- Marma sharira

(b) CLINICAL APPROACH TO MARMA &KALARI CHIKITSA

Individual Disease with marma chikitsa -part 1

- Record maintaing

S2-C1-Unit 2-4 weeks

(a) MARMA CHIKITSA PAPER 2

- Asthi sharira
- Sandhi sharira
- Peshi sharira

(b)CLINICAL APPROACH TO MARMA &KALARI CHIKITSA

- Individual Disease with marma chikitsa - part 2
- Compilation
- Record maintaing

S2-C2-Unit 1-4 weeks

(a) MARMA CHIKITSA PAPER 2

- Description of brain and spinal cord
- Importance of marma in relation to yogic science part 1

(b) CLINICAL APPROACH TO MARMA &KALARI CHIKITSA

- Individual Disease with marma chikitsa - part 2
- Compilation work with practical classes

S2-C2-Unit 2-4 weeks

(a) MARMA CHIKITSA PAPER 2

- Importance of marma in relation to yogic science part 2
- Importance of kalari marma chikitsa

(b) CLINICAL APPROACH TO MARMA & KALARI CHIKITSA

- Special medicinal formulations
- Compilation work with practical classes

S2-C3-Unit 1-2 weeks**(a) MARMA CHIKITSA PAPER 2**

- Bandage

(b) CLINICAL APPROACH TO MARMA & KALARI CHIKITSA

- Clinical importance of bandage in marma chikitsa
- Procedures like shirodhara, local vasthis, netra tarpanam, nasya
- Configure in marma chikitsa

Marks for theory 80, Internal Assessment 20, Total marks for the semester 100

1. Allocation of Marks:

a. Total Marks for P.G. Diploma Programme: 100 Marks

b. Number of Marks for Each Course: 100 Marks

**c. Out of 100 Marks: C3 = 80 Marks is for Theory Examination
[Comprehensive end Semester Exam]**

d. C1 + C2 = 10 + 10 = 20 Marks is for Continuous Assessment [for all the Courses in 4 Semesters]

e. 20 Marks for C1 & C2 shall have the break-up as follows:

C1: 5 Marks for the First Test + 5 Marks for Assignment [all the Courses in 4 Semesters]

C2: 5 Marks for the Second Test + 5 Marks for Seminar [all the Courses in 4 Semesters]

Note: Minimum of 30% in C1+ C2 put together is required for a candidate to qualify for taking up C3 Examination.

2. Attendance:

75% Attendance is mandatory for the student in each Course/Subject to appear for C3 Exam.

3. In case a candidate secures less than 30% in C1 and C2 put together in a course, the candidate is said to have DROPPED the course and is not allowed to appear for C3 in the Course.
4. In case a candidate secures less than 30% in C3, he/she may choose DROP/MAKE-UP option.

10. Eligibility for Admission :

A Candidate who is qualified as follows is eligible for admission

- a. A candidate who has successfully completed BAMS.
- b. A candidate who has successfully completed Medical Graduation in Modern Medicine, Homeopathy & Siddha and allied streams with an accompanying Diploma in Panchakarma from a recognized university.
- c. A candidate who has successfully completed a Bachelor's Degree in Science (B. Sc) or equivalent with PCB / CBZ combination with an accompanying Diploma in Panchakarma from a recognized university.
- d. Candidates who have successfully completed 1st year and 2nd year of B.Sc. from UGC recognized Universities (within Karnataka) and has secured a Diploma in Panchakarma are eligible for admission subject to the approval from the University.
- e. Candidates who have successfully completed 1st year and 2nd year of B.Sc. from UGC recognized Universities (outside Karnataka) are eligible for admission subject to the approval by the equivalence committee and authorities of University of Mysore.
- f. A candidate who has successfully completed a Bachelor's Degree with an accompanying Diploma in Panchakarma from a recognized university.

The intake shall be as approved by the university from time to time.

UNIVERSITY OF MYSORE

Choice-based Credit system of Post Graduate Diploma In

MARMA CHIKITSA SCIENCE

Sem	Sl.No.	Code	Course Title	Credit Pattern in LTP	Credit Value	Hours Per Week LTP	Total Hours	Examination Marks			Total
								C1	C2	C3	
I	001		SHAREERA RACHANA & SHAREERA KRIYA	2:2:3	7	2:4:6	12	10	10	80	100
1	002		MARMA CHIKITSA PAPER I	5:7:3	15	5:6:14	25	10	10	80	100
II	003		MARMA CHIKITSA PAPER II	2:2:2	6	2:4:4	10	10	10	80	100
II	004		CLINICAL APPROACH TO MARAMA & KALARI CHIKITSA	4:6:6	16	4:12:12	28	10	10	80	100

**AYUR MATAM - ACADEMIC INSTITUTE OF
AYURVEDA & YOGIC SCIENCES (AM-AIAYS)**

Syllabus of Courses offered at AM-AIAYS

CERTIFICATE IN AYURVEDA PANCHAKARMA SCIENCE

Regulations and Curriculum

INSTRUCTIONS:

- 1. Duration** : Certificate Course in **AYURVEDA PANCHAKARMA SCIENCE**
[i.e., 6 monhs]
- 2. Number of Courses** : The Programme consists of One Course
- 3. Total Number of Subjects** : Two Subjects in One Course.
- 4. Total Number of Credits** : 5 Credits for each Subject x 4 Subjects = 22 Credits.
- 6. Teaching Hours** : For each Course: 36 Hours per week x18 weeks = 648 Hours per Semester.

[This shall be inclusive of Theory/Application/Practical-work and seminars as required/applicable to each course depending on the content/approach by the faculty]

- 7. Scheme** : Certificate Course
(Ayurveda Panchakarma Science)
- 8. Intake** : Maximum 40
- 9. Fees Structure** :

Note:

Fees to be collected from the students [by the University] at the time of admission shall be included in the Fee Structure of the University.

CURRICULUM & COURSE STRUCTURE

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+P+T	CONTACT HRS.	Q.SUBJECT CODE	CREDIT
1	BASIC ANATOMY & PHYSIOLOGY		2+2+1	8		5
2	AYURVEDA PANCHAKARMA		6+6+5	28		17
	TOTAL		22	36		22

C1-Unit 1-8 Weeks

(A) BASIC ANATOMY & PHYSIOLOGY

(B) AYURVEDA PANCHAKARMA

- Introduction and branches of Ayurveda
- History and Philosophy of Ayurveda
- Personal etiquette

Practicals

- Abhyangam
- Pizhichil
- Bashpasweda
- Choorna Kizhi
- Patra Pinda Sweda / Elakizhi
- Njavarakizhi

C1-Unit 2

(A) BASIC ANATOMY & PHYSIOLOGY

(B) AYURVEDA PANCHAKARMA

- Basic principles of Ayurveda

PRACTICALS

- **Shashtikashali Alepam**
- **Valuka Swetha**
- **Avagaha Swetha**
- **Pichu**
- **Local Vasti**
- **Dhara**

C2-Unit 1- 8 Weeks

(A) BASIC ANATOMY & PHYSIOLOGY

(B) AYURVEDA PANCHAKARMA

- **Basic Nursing**
- **Panchakarma**
 1. **Vamana**
 2. **Virechana**

PRACTICALS

- **Vamana**
- **Virechana**
- **Shirovasti**
- **Shirodhara**
- **Takradhara**
- **Ksheeradhara**
- **Thalam**

C2-Unit 2

(A) BASIC ANATOMY & PHYSIOLOGY

(B) AYURVEDA PANCHAKARMA

- **Basti**
- **Nasya**
- **Raktha Mokshana**

PRACTICALS

- Snehapana
- Netratharpana
- Dhoomapana
- Karnapoorna
- Sarvanga Kashaya Parisheka

C3-Unit 1 - 2 Weeks

(A) BASIC ANATOMY & PHYSIOLOGY

(B) AYURVEDA PANCHAKARMA

- Preparation of Ayurveda Formulations
- Pancha Vida Kashaya Kalpana/ Preparation of Herbal Oils

PRACTICALS

- Nasyam
- Wound Management & Bandaging
- Udvarthanam
- Record Maintenance
- Project Work

Marks for theory 70, Internal Assessment 30, Total marks for the semester 100

11. Allocation of Marks:

- a. **Total Marks** for Certificate Programme **400 Marks**
- b. **Number of Marks for Each Paper 100 Marks**
- c. Out of 100 Marks: **C3 = 80 Marks** is for Theory Examination
[Comprehensive end Semester Exam]
- d. **C1 + C2 = 10 + 10 = 20 Marks** is for Continuous Assessment [for all the Papers in the Course]
- e. 20 Marks for C1 & C2 shall have the break-up as follows:
 - C1: 5 Marks for the First Test + 5 Marks for Assignment [all the Papers]
 - C2: 5 Marks for the Second Test + 5 Marks for Seminar [all the Papers]

Note: Minimum of 30% in C1+ C2 put together is required for a candidate to qualify for taking up C3 Examination.

12. Attendance:

- a. 75% Attendance is mandatory for the student in each Course/Subject to appear for C3 Exam.
- b. In case a candidate secures less than 30% in C1 and C2 put together in a course, the candidate is said to have DROPPED the course and is not allowed to appear for C3 in the Course.
- c. In case a candidate secures less than 30% in C3, he/she may choose DROP/MAKE-UP option.

ELIGIBILITY FOR ADMISSION

A candidate who has successfully completed SSLC or equivalent
The intake shall be as approved by the university from time to time.

UNIVERSITY OF MYSORE

Choice-based Credit system of Certificate in

AYURVEDA PANCHAKARMA SCIENCE

Sem	Sl.No.	Code	Course Title	Credit Pattern in LTP	Credit Value	Hours Per Week LTP	Total Hours	Examination Marks			Total
								C1	C2	C3	
I	001		BASIC ANATOMY & PHYSIOLOGY	2:1:2	5	2:2:4	8	10	10	80	100
I	002		AYURVEDA PANCHAKARMA	6:5:6	17	6:10:12	28	10	10	80	100

**AYUR MATAM - ACADEMIC INSTITUTE OF
AYURVEDA & YOGIC SCIENCES (AM-AIAYS)**

Syllabus of Courses offered at AM-AIAYS

CERTIFICATE IN KALARIPAYATTU

INSTRUCTIONS:

1. **Duration** : Certificate Course in Kalaripayattu [i.e., 6 months]
2. **Number of Courses** : The Programme consists of One course
3. **Total Number of Subjects** : Three Subjects in One Semester.
4. **Total Number of Credits** : 22 Credits.
6. **Teaching Hours** : 33 Hours per week x18 weeks = 594 Hours per Semester.

[This shall be inclusive of Theory/Application/Practical-work and seminars as required/applicable to each course depending on the content/approach by the faculty]

7. **Scheme** : Certificate Course (Kalaripayattu)
8. **Intake** : Maximum 40
9. **Fees Structure** :

Note:

Fees to be collected from the students [by the University] at the time of admission shall be included in the Fee Structure of the University.

CURRICULUM & COURSE STRUCTURE

SL. NO.	TITLE OF THE SUBJECT	COURSE CODE	L+T+P	CONTACT HRS.	Q.SUBJECT CODE	CREDIT
1	BASIC ANATOMY & PHYSIOLOGY		5+0+0	5		5

2	KALARIPAYATTU - THEORY		6+0+0	6		6
3	KALARIPAYATTU - PRACTICAL		0+0+11	22		11
	TOTAL		22	33		22

C1-Unit 1-8 Weeks

(a) BASIC ANATOMY & PHYSIOLOGY

- Basic anatomy
- Basic physiology

(b) KALARIPAYATTU-THEORY

- History Of Kalaripayattu
- Vasthu Of kalari
- Marma introduction and its definition, number, and location

(c) KALARIPAYATTU-PRACTICAL

- Maypayattu I and its types according to vadakkan style

C1-Unit 2

(a) BASIC ANATOMY & PHYSIOLOGY

(b) KALARIPAYATTU- THEORY

- Theory of Kalari
- Theory of body control exercise
- Classification of Marmas

(c) KALARIPAYATTU-PRACTICAL

- May payattu II

C2-Unit 1-8 Weeks

(a) BASIC ANATOMY & PHYSIOLOGY

(b) KALARIPAYATTU- THEORY

- Brief knowledge of Angathari
1. Kadara

2. Vall and Paricha
 3. Kundam
- Marmas and Chakras

(c) KALARIPAYATTU-PRACTICAL

- Some important skills to be practiced prior to Maypayyattu.
- Kolthari
- Cheruvadi
- Marma Chikithsa

C2-Unit 2

(a) BASIC ANATOMY & PHYSIOLOGY

(b) KALARIPAYATTU- THEORY

- Urumi Payyattu
- Marapidicha Kundam
- Kathiyum Thalayum
- Marma Therapy by Massage
- Kalari Marma Chikithsa and its importance

(c) KALARIPAYATTU-PRACTICAL

- Ottakol
- Gada
- Kalari Marma Chikithsa - Uzhichil

C3-Unit 1- 2 Weeks

(a) BASIC ANATOMY & PHYSIOLOGY

(b) KALARIPAYATTU- THEORY

- Verumkai Prayogam
- Bandana in relation with Marma and Kalari Chikithsa

(c) KALARIPAYATTU-PRACTICAL

- **Bandana (Bandaging)**

Marks for practicals 80, Internal Assessment 20, Total marks for the semester 100

11. Allocation of Marks:

- Total Marks for Certificate Programme 100 Marks**
- Number of Marks for Each Paper 100 Marks**
- Out of 100 Marks: **C3 Semester Exam = 80 Marks** (50 Marks Practical – 30 marks Theory)
- C1 + C2 = 10 + 10 = 30 Marks** is for Continuous Assessment [for all the Papers in the Course]
- 30 Marks for C1 & C2** shall have the break-up as follows:

C1: 5 Marks for the First Test + 5 Marks for Assignment [all the Papers]

C2: 5 Marks for the Second Test + 5 Marks for Seminar [all the Papers]

Note: Minimum of 30% in C1+ C2 put together is required for a candidate to qualify for taking up C3 Examination.

12. Attendance:

- 75% Attendance is mandatory for the student in each Course/Subject to appear for C3 Exam.
- In case a candidate secures less than 30% in C1 and C2 put together in a course, the candidate is said to have DROPPED the course and is not allowed to appear for C3 in the Course.
- In case a candidate secures less than 30% in C3, he/she may choose DROP/MAKE-UP option.

ELIGIBILITY FOR ADMISSION

A candidate who has successfully completed SSLC or equivalent
The intake shall be as approved by the university from time to time.

UNIVERSITY OF MYSORE
Choice-based Credit system of Certificate in
KALARIPAYATTU

Sem	Sl.No.	Code	Course Title	Credit Pattern in LTP	Credit Value	Hours Per Week LTP	Total Hours	Examination Marks			Total
								C1	C2	C3	
I	001		BASIC ANATOMY & PHYSIOLOGY	5:0:0	5	5:0:0	5	10	10	80	100
I	002		KALARIPAYATTU-THEORY	6:0:0	6	6:0:0	6	10	10	80	100
I	003		KALARIPAYATTU-PRACTICAL	0:0:11	11	0:0:22	22	10	10	80	100